



Center for Basketball Methodology and Education 3rd INTERNATIONAL BASKETBALL CONFERENCE

PROGRAM

Science and Practice of Recovery: From in Game to Post Injury

DAY 1 – MONDAY (16 January)

8.00-8.45 Registration

8.45-9.00 Opening Session

9.00-10.00 Plenary Session

Prof. Dr. Sc. Igor Jukic, PhD – Epidemiology, Evidence based Interventions, Practical Preventive Strategies

10.00-11.00 Educational Session

Dr. Francesco Cuzzolin, PhD – Injury Reduction Strategies on the Court

11.00-11.15 Coffee Break

11.15-12.15 Educational Session

Dr. Francesco Cuzzolin, PhD – Injury Reduction Strategies off the Court

12.15-13.15 Plenary Session

László Jámber – The Winning "Formula"

13.15-14.30 Lunch Break

14.30-15.30 Plenary Session

László Jámber – The Personality of the Coach and the Performance

15.30-16.30 Educational Session

Dr. Zsolt Knoll, PhD – What Every Coach and Rehabilitation Professional Should Know about the Anterior Cruciate Ligament (2022 Update)

16.30-17.00 Coffee Break

17.00-18.00 Plenary Session

Dr. Zoltán Klemencsics – The Access Training Injuries and the Effects on Grassroot Athletes

18.00-19.30 Round Table

Prof. Dr. Sc. Igor Jukic, PhD, Dr. Zsolt Knoll, PhD, Dr. Francesco Cuzzolin, PhD, Neven Spahija, Márton Báder – Availability: The Secrets of High Performance Sport

DAY 2 – TUESDAY (17 January)

8.15-9.00 Registration

9.00-10.00 Plenary Session

Vladimir Bankovic – Re-habilitation, Pre-habilitation, Education

10.00-11.00 Plenary Session

Prof. Dr. Julio Calleja-González, Msc, Ms, PhD – Recovery Update 2023

11.00-11.15 Coffee Break

11.15-12.15 Plenary Session

Prof. Dr. Attila Cziráki, PhD – The Importance of Non-Invasive Imaging in Sport

12.15-13.15 Plenary Session

Prof. Dr. Julio Calleja-González, Msc, Ms, PhD – The Travel Fatigue and the Recovery

13.15-14.30 Lunch Break

14.30-15.30 Plenary Session

Neven Spahija

15.30-16.30 Interview Session

Prof. Dr. Sc. Igor Jukic, Neven Spahija

16.30-17.00 Coffee Break

17.00-18.00 Educational Session

Prof. Dr. Julio Calleja-González, Msc, Ms, PhD, Prof. Dr. Sc. Igor Jukic – Half-time Recovery in Basketball

18.00-18.15 Coffee Break

18.15-19.15 Interview Session

Prof. Dr. Sc. Igor Jukic, Dr. habil. Rátgéber László, Neven Spahija, Dalma Iványi, Márton Báder

19.15 Closing