

**SPORTS AND HEALTH SCIENCE NOTEBOOKS**  
**(SPORT ÉS EGÉSZSÉGTUDOMÁNYI FÜZETEK)**

Publication guidelines

The SPORTS AND HEALTH SCIENCE NOTEBOOKS are published **at least 4 times per year** in printed format and online as well. The latter is available at:

[http://etk.pte.hu/oktatas\\_aloldalok/sport-es-egeszsegtudomanyi-fuzetek](http://etk.pte.hu/oktatas_aloldalok/sport-es-egeszsegtudomanyi-fuzetek)

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### **General information**

The journal publishes independent research that has not been previously published in the fields of sports and health science in Hungarian, English, and German. It also publishes reviews.

The anonymous manuscripts are independently peer reviewed by two subject matter experts in the given field – at the invitation of the Editorial Board. The Editorial Board decides whether to publish the manuscripts or whether changes are required on the basis of the written recommendation of the reviewers. Editors do not retain unpublished manuscripts.

Manuscripts may be a maximum of 15 pages (including the main text, illustrations, and references) with 1.5 line spacing, no indentations, 12-point font and they should be sent in an electronic format (e-mail) to the specified address.

Please prepare the documents without using any “style” features, in Word format (doc., docx.); for tables, please use Excel. Graphics, figures, and photographs are also requested in a 9×12 cm format in color as well as in black and white, at a minimum of 300 dpi resolution. Please ensure that figures and captions are separated, so that they can be edited separately.

You may not use bold, italic, or underlined formatting in the text body. Please put chapter headings in bold and centered.

**Tables and figures, should be enclosed as separate files, in a format suitable for editing.** Please label tables at the top with Arabic numerals and titles, and label figures at the bottom with numerals and captions. Explanation of abbreviations and symbols used in the tables should

appear below them, and in the case of figures in the captions or below the captions. In other words, the meaning of tables and figures should be clear independent of the main body text. Please provide the titles of tables and the captions for figures in Hungarian and English. Please clearly indicate the suggested location of tables and figures in the text.

## **Structure of manuscripts**

### ***Name, workplace, and contact information of authors***

Name of author(s) (without Dr. or any other title), full name of author's / authors' workplaces (without any abbreviation), the author's/authors' email addresses, name and mailing address of the corresponding author for contact with the editors.

### ***Title***

The title of the article or study, in Hungarian and English. For studies written in German, please also provide the title in English. If necessary, a subtitle may also be provided. The title should reflect the research problem or field, and it should be informative to readers.

### ***Abstract***

The abstract should be a maximum of 25 lines, and must be attached in Hungarian and English. For studies written in German, please provide the abstract in English as well. The abstract should state the objective, hypothesis, the materials and methods, the results, and the conclusions, in a short form. Abstracts should end with a maximum of 5 keywords (in Hungarian and English). Abstracts should not include references.

### ***Recommended structure for body of text***

#### **Introduction**

#### **Objective**

#### **Hypotheses**

#### **Materials and methods**

#### **Results**

#### **Discussion and conclusions**

#### **(Acknowledgments)**

#### **References**

The references section should be listed **alphabetically**, with the name of all authors and the full name of the publication, in the following formats:

#### **Studies published in journals:**

Buss, A.H., Perry, M.P. (1992): The aggression questionnaire. *Journal of Personality and Social Psychology*, **63**: 452-459.

**Books:**

Aáry Tamás, L., Aronson, J. (szerk., 2010): *Iskolai veszélyek*. Complex Kiadó, Budapest.

**Excerpts (publication containing them):**

Gendreau, P., Archer, J. (2005): Subtypes of Aggression in Humans and Animals. In: Tremblay, R.E., Hartup, W.W., Archer, J. (eds): *Developmental Origins of Aggression*. The Guilford Press, New York, 25–46.

**Internet:**

Lemieux, P., McKelvie, S.J., Stout, D. (2002): Self-reported Hostile Aggression in Contact Athletes, No Contact Athletes and Non-athletes. *Athletic Insight. The Online Journal of Sport Psychology*, 3. Elérhető: [https://www.researchgate.net/publication/255593015\\_Self-reported\\_Hostile\\_Aggression\\_in\\_Contact\\_Athletes\\_No\\_Contact\\_Athletes\\_and\\_Non\\_athletes](https://www.researchgate.net/publication/255593015_Self-reported_Hostile_Aggression_in_Contact_Athletes_No_Contact_Athletes_and_Non_athletes)  
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References in the body of the text should be made in parentheses, with the author surname and year of publication (Hadley, 2003). In the case of multiple consecutive references, the individual references should be separated by semicolons (;) (Hadley, 2003; Gendreau és Archer, 2005). If a work has multiple authors, two authors should always be listed, for more than two the **et al.** abbreviation is used.

In case of direct quotations, the same style of reference should be used, however after the year, the exact page number must be given after a colon (:) (Hadley, 2003:23).

If there are references to multiple publications by the same author in the same year, then following the year the **letters abc** etc. must be used to differentiate them from one another (e.g.: Hardley, 2003a; Hardley, 2003b).

If the References section contains multiple works by the same author, these should be listed in order of publication.

**The following format should be used to refer to laws, regulations, and resolutions:**

51/2012.(XII. 21.) számú EMMI rendelet a kerettantervek kiadásának és jóváhagyásának rendjéről.

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Manuscripts that do not follow the above format, or those which contain grammatical, stylistic, or technical vocabulary errors, will not be sent out for peer review by the editors. Manuscripts which are written in English or German will be reviewed by a reviewer selected for that language.

**Please submit manuscripts to the following email address:**

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